



### Consent for Treatment and Acknowledgement of Receipt of Information

To the patient: Every type of health care is associated with some risk of potential problem. Health care providers, including chiropractors, are required by law to tell you the nature of your condition, the general nature of the treatment, the risks involved, and the reasonable therapeutic alternatives.

In keeping with the Oregon law of informed consent, you are being asked to sign a confirmation that we have discussed all these matters. We have already discussed with you all the problems and the risks. Please read this form carefully. Ask about anything you do not understand, and we will be pleased to explain it.

In general, chiropractic treatment includes examination, taking of x-rays, manipulation/adjustment, and application of physiotherapy modalities. Although their occurrence is extremely remote, some risks are known to be associated with these procedures. These include:

- 1) Stroke: Stroke is the most serious problem associated with spinal manipulation. The results can be temporary or permanent dysfunction of the brain, with a very rare occurrence of death (1 in 20 million). Spinal manipulations have been associated with strokes that arise from the vertebral artery (located in the neck vertebrae). This problem occurs so rarely that there is no conclusive data to quantify probability.
- 2) Disc herniations: Disc herniations that create pressure on the spinal nerve or spinal cord are frequently successfully treated by chiropractors. Rarely, treatment may aggravate the problem resulting in increased low back pain, radicular pain, and numbness of a transient nature. Residual pain may last for several days but seldom for longer periods of time.
- 3) Soft tissue injury: Soft tissue primarily refers to muscles and ligaments. Muscles move bones and ligaments limit joint movement. Rarely, treatment may aggravate some muscle or ligament fibers. The result may be a temporary increase in discomfort, but there are typically no long-term effects for the patient.
- 4) Rib fractures: The ribs are found only in the thoracic spine or middle back. Rarely, a manipulation will fracture a rib bone. This occurs only on patients who have weakened bones from such things as osteoporosis. We adjust all of our patients very carefully, especially those who may be at risk of having a weakened bone condition.

-----Consent-----

I hereby authorize and direct Dr. William Jackson, D.C. and Dr. Charles Goldston, D.C. together with associates and assistants of their choice to provide chiropractic treatment including spinal manipulation/adjustment, diagnostic testing, various types of physiotherapy, and any other additional procedures that are deemed reasonable for the treatment of my condition. This treatment has been explained to me and alternative methods of treatment, if any, have also been addressed. I have read and understand all the information set forth in this document including any attachments. I acknowledge that I have had the opportunity to ask any questions about the contemplated procedures and that they have been answered to my satisfaction. This authorization for and consent to chiropractic treatment is and shall remain valid until revoked.

Patient's name \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

Signature of patient, parent or guardian \_\_\_\_\_

Relationship to patient \_\_\_\_\_

I certify that I have provided and explained the information set forth herein, including any attachments, and I have answered all questions concerning proposed treatment to the best of my knowledge and ability.



Signature of Chiropractor \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_